

BAMS Mushroom Foray Checklist

You may find with experience and time that you don't need some of the items below. You probably won't need all of these items all of the time, but this list should serve as a guideline for being prepared in the forest for collecting mushrooms. The items in **bold** are essentials.

	Basket
	Wax Paper Bags
	Knife
	Brush
	Trowel
	Water
	Compass/GPS
	Maps
	Walkie Talkie
	Watch
	Whistle
	Food and snacks
	Notebook
	Pen/Pencil
	Field Labels
	Warm Clothes/Raincoat
	Boots/Socks
	Rain pants Gore-Tex
	Mushroom Field Guide
	Hand lens or magnifying glass
	Flashlight and extra batteries
	Camera and extra batteries
	Walking stick
	Mosquito repellent
	Technu or other poison oak wash
	First aid kit (optional)
	Emergency contact numbers